

Cambridge English

EMPOWER

**ADVANCED
STUDENT'S BOOK**

C1

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Contents

Lesson and objective	Grammar	Vocabulary	Pronunciation	Everyday English
Unit 1 Language				
Getting started Talk about animals learning language				
1A	Talk about second language learning	Adverbs and adverbial phrases	Language learning; Noun forms	Word stress: noun forms with <i>-tion</i> and <i>-ity</i>
1B	Describe languages and how they change	The perfect aspect	Describing changes	Sentence stress
1C	Express yourself in an inexact way		Sound and spelling: <i>ea</i> , <i>ee</i> and <i>ie</i>	Expressing yourself in an inexact way
1D	Write a web forum post			
Review and extension More practice		WORDPOWER Idioms: Body parts		
Unit 2 Going to extremes				
Getting started Talk about tolerance of extreme conditions				
2A	Describe extreme sensory experiences	Comparison	Multi-word verbs: Social interaction	Consonant–vowel linking
2B	Talk about plans, intentions and arrangements	Intentions and arrangements	Verbs of movement	Word groups and main stress
2C	Give advice		Emphatic stress	Giving advice
2D	Write a report			
Review and extension More practice		WORDPOWER Idioms: Movement		
Unit 3 Travel and adventure				
Getting started Talk about a mishap on a road trip				
3A	Emphasise positive and negative experiences	Inversion	Wealth and poverty	Tone in inversion structures; Word stress
3B	Describe journeys and landscapes	Future in the past; Narrative tenses	Landscape features	Sound and spelling: the letter <i>t</i>
3C	Paraphrase and summarise		Consonant groups across two words	Paraphrasing and summarising
3D	Write a travel review			
Review and extension More practice		WORDPOWER Idioms: Landscapes		
Unit 4 Consciousness				
Getting started Talk about manipulating the senses				
4A	Talk about using instinct and reason	Noun phrases	Instinct and reason	Sound and spelling: /ʃəs/, /iəs/, /dʒəs/
4B	Talk about memories and remembering	<i>have / get</i> passives	Memory	Sentence stress
4C	Use tact in formal discussions		Homophones in words and connected speech	Being tactful in formal discussions
4D	Write a profile article			
Review and extension More practice		WORDPOWER <i>mind</i>		
Unit 5 Fairness				
Getting started Talk about activities for prisoners				
5A	Talk about crime and punishment	Relative clauses	Crime and justice	Sound and spelling: <i>s</i> and <i>ss</i>
5B	Talk about job requirements and fair pay	Willingness, obligation and necessity	Employment	Word stress: nouns and verbs
5C	Recall and speculate		Main stress	Recalling and speculating
5D	Write an opinion essay			
Review and extension More practice		WORDPOWER Idioms: Crime		

Listening and Video	Reading	Speaking	Writing
BBC interview: Second language learning	Quotes: four celebrities' language learning experiences	Describing experiences of language learning Discussing language learning factors	Five pieces of advice for language learners
Monologue: the origins of words Four monologues about how languages change	Article: <i>How quickly is the English language changing?</i> Fact file: <i>How languages are special</i>	Speculating when English words originated Discussing interesting facts about your language and others	Changes in your world
<i>Friends and rivals</i>		Sharing rough details of an experience	Unit Progress Test
Monologue: the dominance of English as a world language	Four discussion board posts	Predicting the main points of a talk and discussing your predictions	Web forum post Expressing opinions
Monologue: <i>My vow of silence</i>	Article: <i>I've been to the quietest place on Earth</i>	Questionnaire: <i>How sensitive are you to sound?</i> Discussing different views on communication	
Interview with a base jumper	Leaflet: <i>Itching for a good thrill?</i> Article: <i>Why some of us are thrill-seekers</i>	Giving opinions on extreme sports and dangerous activities Discussing a blog post	Blog post: a new experience
<i>A guest overstays his welcome</i>		Advising a friend on a tricky situation	Unit Progress Test
Four monologues about university social programme activities	Report: Review of a social programme and recommendations	Discussing the merits of activities for a social programme	Report Linking: contrast and concession
BBC talk: <i>The problem with volunteering</i> , Daniela Papi	Two reviews: <i>Thinking of volunteering abroad?</i>	Discussing volunteer work abroad Describing new experiences	Blog post: an unusual travel or tourism experience
BBC audio blog: <i>Journey of a lifetime</i> , Will Millard	Narrative article: <i>Survival on the Mano River</i>	Telling the story of an adventurous trip	Article: an adventurous journey
<i>A disastrous interview</i>		Paraphrasing and summarising in informal conversations	Unit Progress Test
Two monologues about Prague	Traveller's review: <i>Prague get-away weekend</i>	Describing the best and worst places you have been as a tourist Expressing an opinion about a place	Travel review Descriptive language; Writing briefly
BBC radio discussion: gut instinct in medical diagnosis	Article: <i>Learn to trust your gut!</i>	Quiz: <i>Do you have a sixth sense?</i> Dilemmas: would you go with your gut instinct?	
Four monologues about childhood memories	Article: <i>False childhood memories</i> Article: <i>How eyewitness evidence can be unreliable</i>	Talking about a childhood memory Giving an eyewitness account of a crime Discussing ways to improve memory	
<i>Feedback and an unexpected opportunity</i>		Giving opinions tactfully	Unit Progress Test
Interview: musician Nora Manning	Profile article: <i>Nora Manning: 'I come back from travelling with my head full of music'</i>	Asking and answering questions about being interviewed for a profile article Interviewing a classmate for a profile article	Profile article Organising information; Showing time relationships
Radio news: bizarre crimes	Article: <i>Can we have a swimming pool? Life at Halden Prison</i>	Giving definitions of crime vocabulary Discussing punishments for crimes	
Four monologues about employment	Four job descriptions: <i>Bomb disposal diver, Private butler, Ethical hacker</i> and <i>Social engineer</i>	Discussing employment terms and conditions Exchanging information about different jobs Negotiating salaries for a range of jobs	
<i>Opening up</i>		Dealing with a situation without the facts	Unit Progress Test
Two monologues about job applications and social media	Essay: <i>Social media and recruitment</i>	Discussing how an employer should respond to employee comments on social media	Opinion essay Essays; Linking: addition and reinforcement

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Unit 6 Perspectives				
Getting started Talk about the impact of 3-D street art				
6A	Describe photos and hobbies	Simple and continuous verbs	Adjectives: Describing images	Sentence stress
6B	Tell a descriptive narrative	Participle clauses	Emotions	Main stress and emphatic stress (adverbs and adjectives)
6C	Organise a presentation		Tone in comment phrases	Organising a presentation
6D	Write a letter of application			
Review and extension More practice		WORDPOWER Idioms: Feelings		
Unit 7 Connections				
Getting started Talk about technologies in the classroom				
7A	Speculate about inventions and technology	Speculation and deduction	Compound adjectives	Main stress: compound adjectives
7B	Emphasise opinions about the digital age	Cleft sentences	Nouns with suffixes: Society and relationships	Tone in cleft structures
7C	Apologise and admit fault			Sound and spelling: <i>ou</i> and <i>ough</i>
7D	Write a proposal			Apologising and admitting fault
Review and extension More practice		WORDPOWER <i>self-</i>		
Unit 8 Body and health				
Getting started Talk about physical activity in old age				
8A	Describe sleeping habits and routines	Gerunds and infinitives	Sleep	Sentence stress
8B	Talk about lifestyles and life expectancy	Conditionals	Ageing and health	Pitch: extra information
8C	Negotiate			Intonation in implied questions
8D	Write promotional material			Negotiating
Review and extension More practice		WORDPOWER <i>and</i>		
Unit 9 Cities				
Getting started Talk about obstacles to urban development				
9A	Talk about city life and urban space	Reflexive and reciprocal pronouns	Verbs with <i>re-</i>	Sound and spelling: <i>re-</i>
9B	Describe architecture and buildings	Ellipsis and substitution	Describing buildings	Word stress
9C	Deal with conflict			Sound and spelling: foreign words in English
9D	Write a discussion essay			Dealing with conflict
Review and extension More practice		WORDPOWER <i>build</i>		
Unit 10 Occasions				
Getting started Talk about an unusual wedding				
10A	Give a presentation or a speech	Regret and criticism structures	Communication verbs	Word groups and main stress
10B	Talk about superstitions and rituals	Passive reporting verbs	Superstitions, customs and beliefs	Consonant groups
10C	Take turns in more formal conversations			Tone in question tags
10D	Write a film review			Turn-taking
Review and extension More practice		WORDPOWER <i>luck and chance</i>		
Communication Plus p.127		Grammar Focus p.138		Vocabulary Focus p.158

Listening and Video	Reading	Speaking	Writing
Interview with an amateur photographer	Article: <i>Lessons Elliott Erwitte has taught me about street photography</i>	Discussing photography skills Talking about your favourite photos	
Narrative: the conclusion of <i>You are now entering the human heart</i> <i>A big presentation</i>	Short story: <i>You are now entering the human heart</i>	Discussing the themes of a piece of fiction Reading a short story aloud Presenting an application for a grant	Creating an alternative ending to a short story Unit Progress Test
Five conversations about things to see and do in the local area	Advertisement: article writers required for local magazine	Talking about what's going on in your local area	Letter of application Formal letters; Giving a positive impression
Three monologues: inventions that would make the world a better place	Article: <i>I'm about to interview a robot.</i>	Discussing questions to ask a robot Presenting a new invention	
Radio programme: <i>From My Bookshelf</i> <i>Unsolicited suggestions</i>	Article: <i>Loneliness and temperature</i>	Talking about what you read online Explaining how you would overcome a hypothetical problem Dealing with a situation where you are at fault	Unit Progress Test
Four monologues: people express their opinions of their colleagues	Proposal: a team-building programme for senior management	Ordering the personality attributes required to be an effective team member	Proposal Linking: highlighting and giving examples
Radio interview with a sleep researcher Radio phone-in programme about waking up at night	Article: <i>Top tips to help you sleep</i> Article: <i>The myth of the eight-hour sleep</i>	Discussing tips for a good night's sleep Planning a typical day for someone with a segmented sleep pattern	
BBC interview: living on a calorie restricted diet <i>An exclusive story</i>	Article: <i>Anti-ageing treatments</i> Interview: <i>We don't have to get sick as we get older</i>	Discussing anti-ageing treatments Presenting your views on health and ageing issues Negotiating the price of a product or service	Unit Progress Test
Radio interview: <i>The Stone Age Diet</i>	Homepage: <i>Ancestors Restaurant</i>	Discussing what's important when you eat out	Promotional material Using persuasive language
Podcast: new ideas for 'smart cities'	Article: <i>Exhibition Road London's first example of 'shared space'</i> Fact files: four city initiatives	Sharing information about initiatives to improve cities Presenting ideas for 'smarter' cities	
BBC news report: <i>'Pants' skyscraper? China reacts against latest tall building</i> <i>A leak and a fall out</i>	Article: <i>Zaha Hadid 'I don't make nice little buildings'</i>	Describing buildings Presenting a proposal for the redevelopment of a derelict building Role play discussing the state of a town Complaining and responding to complaints	Unit Progress Test
Conversation: life in a rural community in New Zealand compared to life in a city	Essay: urban migration	Discussing rural and urban living	Discussion essay Linking: reason and result
Three monologues about giving a presentation	Article: <i>How to give a killer presentation</i>	Discussing what makes a good presentation Giving a one-minute speech: <i>Learning from my mistakes</i>	
Radio interview: superstitions in the theatre <i>A successful interview</i>	Article: <i>The game before the game</i>	Discussing superstitions, customs and beliefs Role play talking about plans and responding Explaining theatrical superstitions Taking turns in an interview	The origins of the <i>Macbeth</i> superstitions in the theatre Unit Progress Test
Four monologues about how people use reviews	Two film reviews: <i>Whiplash</i>	Discussing how much reviews influence your choices	Film review Concise description