

Unit	Grammar	Vocabulary	Pronunciation
1 Free time	Present simple (positive and negative; questions and short answers) <i>like + -ing</i>	Hobbies and interests, school subjects Vocabulary bank: hobbies and interests	/n/ (man) and /ŋ/ (song)
2 Helping other people	Present continuous for activities happening now Present simple vs. present continuous	Housework Everyday English Vocabulary bank: rooms and housework	/s/ (world)
CHECK YOUR PROGRESS			
3 Who's your hero?	Past simple; <i>be</i> and regular verbs (positive and negative); <i>was born / were born</i>	Multi-word verbs (1) Memory words Vocabulary bank: multi-word verbs (1) (with <i>up, down, on, off</i>)	<i>was</i> and <i>were</i> -ed endings
4 Making friends	Past simple (regular and irregular verbs; questions and short answers)	Past time expressions, sports Everyday English Vocabulary bank: sports equipment and places	Word stress
CHECK YOUR PROGRESS			
5 Successful people	<i>have to / don't have to</i>	Jobs, work and money Vocabulary bank: work	<i>have to / don't have to</i>
6 Eat for life	Countable and uncountable nouns <i>a/an, some</i> and <i>any, much</i> and <i>many</i>	Food and drink Everyday English Vocabulary bank: food / things we use to eat and drink	The schwa /ə/ (water)
CHECK YOUR PROGRESS			
7 Learning languages	Comparatives and superlatives	Language learning	<i>than</i>
8 We're going on holiday	Present continuous for future arrangements	Future time expressions, holiday activities Everyday English Vocabulary bank: holiday activities	/θ/ (think) and /ð/ (that)
CHECK YOUR PROGRESS			
9 It'll never happen	<i>will/won't</i>	Expressions to talk about the future, expressions to talk about fortune telling	'll
10 Don't give up	<i>too + adjective</i> adverbs	The weather Everyday English Vocabulary bank: adjectives to talk about the weather	/əʊ/ (go)
CHECK YOUR PROGRESS			
11 Promises, promises	<i>be going to</i> (intentions and predictions), <i>must/mustn't</i>	Multi-word verbs (2), prepositions Vocabulary bank: multi-word verbs (2) (with <i>go</i> and <i>put</i>)	<i>must</i> and <i>mustn't</i>
12 What a brave person!	First conditional <i>when</i> and <i>if</i>	Adjectives of feeling Everyday English Vocabulary bank: feelings and actions	Stress in conditional sentences
CHECK YOUR PROGRESS			
13 Travellers' tales	<i>should/shouldn't</i> <i>What's it like?</i>	Personality adjectives, adjectives for expressing opinions Vocabulary bank: personality adjectives	Silent consonants
14 Crazy records	Present perfect + <i>ever/never</i>	Verb and noun pairs, expressions about <i>sleep</i> Everyday English Vocabulary bank: verb and noun pairs	<i>have</i> and <i>has</i> in the present perfect
CHECK YOUR PROGRESS			

Speaking & Functions	Listening	Reading	Writing
Talking about school Talking about hobbies Expressing likes and dislikes	An interview about a hobby	Article: An unusual hobby Culture in mind: School clubs	Email about your hobbies and interests
Talking about housework Last but not least: arranging to meet and making plans	Radio interview with a volunteer in Namibia	Article: Helping at a hospital Photostory: Let's give him a hand	Email about organising a party
Talking about the past Talking about when/where people were born	Presentation of 'my hero'	Article: Erin Brockovich Culture in mind: Remembering heroes	Three paragraphs about your hero
Asking about the past Retelling a story Last but not least: Alibi – a game	Television story Song: <i>You've Got A Friend In Me</i>	Article: The ping pong friendship that changed the world Photostory: Not a nice thing to say	Diary entry or email about an enjoyable weekend
Talking about obligations Describing job requirements Talking about people and their jobs	Talking about success Descriptions of future jobs	Article: What does 'success' mean? Article: Following a dream Culture in mind: Teenagers: earning money	Description of a job
Talking about food and fitness Last but not least: talking about food and places to eat	School canteen dialogue	Article: A long and healthy life Photostory: A double ice cream ...	Paragraph about food and fitness
Comparing things Talking about learning English	Interviews about language learning An interview with David Crystal	Article: Speaking in many tongues Culture in mind: Teen talk	Description or email about language learning
Talking about arrangements Discussing holiday plans Last but not least: information gap: talking about holidays	Radio show about family holidays Dialogue about holiday plans	Magazine article: Family holidays can be fun! Travel brochure: Welcome to Cape Town – the city that has everything! Photostory: Having fun?	Email about a trip
Making predictions Talking about your future life Talking about fortune telling	Future predictions Song: <i>When I'm Sixty-four</i>	Article: Getting the future wrong! Culture in mind: Fortune telling	Text predicting the future
Describing actions Relating Hermann Maier's life story Describing the weather Last but not least: information gap about famous sportspeople	A weather forecast Dialogue about the life of Hermann Maier	Article: Jungle survival Photostory: Keep on running	Email giving advice to a friend
Talking about intentions Talking about a song	Dialogue about a New Year's Eve party Song: <i>Wonderful World, Beautiful People</i>	Article: In New York for New Year's Eve Culture in mind: Reggae Music	Email about New Year's Eve
Expressing future possibilities Discussing bravery Last but not least: talking about situations where you were brave / not brave	Dialogues about bravery	Article: Subway hero Photostory: Chicken	Description of a film, book or TV programme
Giving advice and recommendations Talking about what somebody is like	Dialogue about different customs around the world A quiz about UK culture	Quiz: What do you know about UK culture? Culture in mind: Heroic Ulises on a journey of hope	Email giving tips to a tourist
Talking about life experiences Last but not least: talking about things you've never done	Conversation about strange world records	Article: You've never seen anything like this! Article: He holds the record – for records! Photostory: What's the next thing?	Email about a visit to Los Angeles