

Lesson 2A

GRAMMAR | countable and uncountable nouns; *a, an, some, any*

VOCABULARY | food and drink

PRONUNCIATION | the weak /ə/ sound: *a, an, some*

VOCABULARY

food and drink

1 A Complete the words. The first letter is given.



1 o.....j.....



5 e.....



2 t.....



6 a.....



3 r.....



7 b.....



4 b.....



8 y.....

B Complete the conversation with the words in the box.

apple juice bread carrots cereal
chicken grapes noodles oil pear sugar

A: What do you have for breakfast?

B: First I have coffee. I need it to wake up in the morning! But I don't have any ¹..... in it. Then I have ²..... or ³..... and butter.

A: I don't eat breakfast. I don't have time in the morning. But I drink green tea or ⁴.....

B: No breakfast! Are you hungry at work?

A: Yes! Sometimes I eat lunch early, at 11 a.m. I go to a café near my office for lunch. I like hot ⁵..... with vegetables. I'm a vegetarian, though, so I don't have any ⁶..... with it.

B: I like vegetables for lunch, too. I make a salad when I work at home. I make it with lettuce, tomatoes and ⁷..... I put ⁸..... on it, too.

A: Yum! But I need a big lunch. So I always eat a ⁹..... or some ¹⁰..... as well.

GRAMMAR

countable and uncountable nouns; *a, an, some, any*

2 A Choose the correct answers to complete the sentences.

1 We haven't got **a / two / any** orange juice.

2 Would you like **a / some / three** sugar?

3 A: Do you like **a / - / some** cheese?

B: Yes, I love it!

4 Can I have **a / any / some** broccoli, please?

5 Do you want **any / an / a** apple?

6 Let's buy **any / some / a** noodles.

B Choose the best option (a or b) to correct the mistakes (1–8) in the conversation.

A: Hi Carl. Are you at the supermarket?

B: Yes, I am.

A: Great. Can you get ¹a bread? We don't have ²some.

B: Sure. Just that?

A: Yes. Oh, wait. Can you also buy ³any chillies, please?

B: OK ... chillies. Ahh. They don't have ⁴anything fish, so we can't eat that tonight. But they have ⁵lots of prawns. Do you want ⁶a?

A: Yes. Good idea. Can you buy ⁷an rice, too? And maybe ⁸any melon, to eat after dinner?

B: Sure. See you soon.

1 **a** one **b** some

2 **a** any **b** one

3 **a** lot **b** some

4 **a** some **b** any

5 **a** lot **b** some

6 **a** an **b** any

7 **a** some **b** a

8 **a** some **b** something

C 2.01 | Listen and check.

PRONUNCIATION

3 A 2.02 | the weak /ə/ sound: *a, an, some* | Listen and complete the sentences.

1 Would you like cheese?

2 Can I have orange, please?

3 I'd like melon.

4 Let's buy mushrooms.

5 I don't want egg.

6 We need oil.

7 Would you like lemonade?

8 Can you buy cucumber and avocado?

B 2.02 | Listen again and repeat.

LISTENING

4A  **2.03** | Listen to the conversation. Match the people (1–3) with the food they like (a–c).

- | | |
|--------|--------------|
| 1 Theo | a vegetables |
| 2 Yuki | b meat |
| 3 Jake | c fish |

B  **2.03** | Listen again. Which items do they NOT mention?

broccoli cheese fish ice cream lamb
lemonade olives meat orange juice
pasta prawns strawberries

C  **2.03** | Listen again. Are the statements True (T) or False (F)?

- 1 Theo likes lamb.
- 2 Yuki doesn't eat fish.
- 3 They sell prawns at the market.
- 4 Jake doesn't like broccoli.
- 5 They don't buy anything for dessert.
- 6 They buy lemonade for Jake.

WRITING

write an online comment; use linking words: *and*, *but*, *or*

5A Read the social media post and the replies. Match the people with the food they like.

- 1 onions
- 2 pears
- 3 fish
- 4 cucumber
- 5 sparkling water
- 6 tomatoes

B Choose the correct words to complete the sentences.

- 1 This food is delicious, **but** / **or** it's not very healthy.
- 2 I usually have my lunch with sparkling water **and** / **but** lemonade.
- 3 For dinner I usually have salmon, rice **and** / **but** broccoli.
- 4 I like fish, **but** / **or** I don't like prawns.
- 5 Do you want pasta **but** / **or** noodles for dinner?
- 6 I have yoghurt **but** / **or** fruit for breakfast every day.

C Find more examples of *and*, *but* and *or* in the online comments.

6A You are going to write a reply to the post. First make notes to answer these questions.

- What is it?
- When do you eat it?
- What drink do you have with it?

B Write your comment. Use *and*, *but* and *or*. Write about 50 words.

What's your favourite healthy food?



This is a photo of my favourite healthy food – a rainbow salad. I usually eat meat or fish for dinner, but not today! I like this salad because it's easy to make. You use lots of vegetables with different colours! This one has green cucumber, red tomatoes, red onions, yellow peppers and green herbs. I like to drink sparkling water with it.

Jaylan, Australia



That looks very nice, Jaylan. I want to make it and eat it! My favourite healthy food is Moqueca. It's a fish soup that we eat here in the north of Brazil. You can buy it in other countries, but it's not the same. It's fish, red peppers, onions or other vegetables in a tomato sauce. Mmm, I can smell it now!

Giselle, Brazil



My favourite healthy food is a fruit salad. I make it with strawberries, melon and pears. I sometimes use oranges too, but when I don't have any, I add a little bit of lemonade or sparkling water. It's great on a hot day when I feel thirsty.

Tom, Canada

Lesson 2B

GRAMMAR | adverbs and phrases of frequency

VOCABULARY | everyday activities

PRONUNCIATION | linking

VOCABULARY

everyday activities

1 A Complete the conversations with the correct form of the verbs in the box.

check get up go (x2) go to meet spend (x2)

- 1 A: Do you want to shopping with me on Saturday?
B: Sorry, I can't. I always my mum for lunch on Saturdays.
- 2 A: Does Amanda always early?
B: Yes, she does. She running before work.
- 3 A: I work a lot, but I'd like to more time with my family.
B: Me too. The problem is that my son a lot of time online!
- 4 A: You need to the meeting at ten.
B: OK. I just need to my emails first.

B Choose the correct word or phrase to complete the sentences.

- 1 Do you time with your family at the weekend?
a go b spend c meet
- 2 I usually running every morning before breakfast.
a do b get up c go
- 3 your messages before the meeting.
a Check b Meet c Get
- 4 Let's for coffee tomorrow morning.
a get up b spend time c meet
- 5 I don't want to Jen's party at the weekend.
a go to b get c go
- 6 It's Sunday tomorrow. We can up late.
a go b get c go to

C Choose the correct words to complete the profile.

My weekend

At the weekend, I usually ¹go / get up early on Saturday and ²go / get shopping at the market. I go early because it's busy later. After that, I ³take / meet friends for lunch. In the afternoon, I like to ⁴spend / do time with my boyfriend. We go to the park, or go to the cinema. We do something together because I ⁵make / spend a lot of time at work. I try not to ⁶check / spend emails on my phone at the weekends! On Sunday, I get ⁷on / up late and have lunch with my family. Sometimes I ⁸go / get running in the afternoon. Then I relax in the evening.



GRAMMAR

adverbs and phrases of frequency

2 A The sentences below have a mistake. Choose the best option to correct the mistake.

- 1 I meet my sister for lunch every Tuesdays.
a always Tuesday b every Tuesday
c every a Tuesday
- 2 Jack doesn't work usually at the weekend.
a don't work usually b usually don't work
c doesn't usually work
- 3 I always am tired at the end of the day.
a Am I always b I am always c Always I am
- 4 He plays football twice in week.
a twice weeks b twice week c twice a week

B Choose the correct words to complete the sentences.

- 1 I **often / never** get up early. I love to sleep!
- 2 **Often we / We often** meet for lunch at a café.
- 3 I go shopping with my mum every **weekend / weekends**.
- 4 I check my emails three or four **time / times** a day.
- 5 I **never am / am never** late for school.
- 6 **How / When** often do you go on holiday?
- 7 I **sometimes / always** finish work late, every day!
- 8 Jamie hardly ever **reads / doesn't read** books.

C Put the words in brackets in the correct order to make sentences.

¹..... (quiet / It's / never) in the mornings in our house. There's lots to do before work and school. ²..... (up / My / late / often / gets / son), so he doesn't have time to have breakfast. I make it for him every day, but ³..... (ever / it / he / eats / hardly). I eat cereal and have a coffee in the kitchen, but ⁴..... (usually / news / to / my / the / listens / wife) in the bedroom while she gets ready. ⁵..... (listens / music / daughter / often / My / to) in her bedroom, too. Then the dog wakes up and runs around the house. It's crazy! However, ⁶..... (never / work / I'm / late / for)!

PRONUNCIATION

3 A 2.04 | linking | Listen and complete the sentences with one word in each gap.

- 1 We have Spanish classes twice a
- 2 I go to a party once a
- 3 I check my messages once a!
- 4 We meet for lunch every
- 5 We only go on holiday once a
- 6 I check my emails once an

B 2.04 | Listen again and repeat. Practise the linking between words.

READING

4A Complete the quiz with the words in the box.

always ever every often on
sometimes twice weekend

B Answer the questions for you. Then read the key and check your answers.

Key

Mostly a: You like being with other people. You have a lot of friends and you're happy when you spend time with them. It's important to be alone sometimes, too.

Mostly b: You like to be with other people and you have a good group of friends. But sometimes you like to do things alone and have a quiet time. Both are important to you and that's a healthy way to spend your time.

Mostly c: You like being alone most of the time. You hardly ever spend time with other people and you don't feel bored when you're alone. That's fine, but it's good to be with your friends and family, too. Try to meet a friend for coffee or lunch sometimes.

C Read the descriptions. Match the person (1–3) with the section of the key (a–c) in Ex 4B.

- Sofia is a writer and spends a lot of time online. She has 1,000 friends on social media, but doesn't know all of them. She thinks short work meetings are useful. She plays tennis twice a week with her friend. At the weekend she usually meets another friend for dinner. She hardly ever goes to parties.
- Samuel is a doctor. He works hard in the week and often leaves the hospital at 8 p.m. He gets up early and goes running every day before work. At the weekend he spends time online and sometimes meets a friend or his family for lunch. He likes to read interesting articles and the news.
- Adesh is a digital designer. He likes long meetings and talks a lot about work with other people. He always gets up late at the weekend because he spends time with his friends on Friday and Saturday nights. They like parties! On Sunday afternoons he plays football in a local team.

QUIZ



Alone *OR* together?

Some people like to do things with other people. Some people like to do things alone. Do our quiz and learn about yourself.

1 How often do you meet friends for coffee?

- I meet a group of friends for coffee ¹..... a week or more.
- Once a week or less. I meet a friend and we talk about our lives.
- Hardly ²..... I like to read a book while I drink coffee.

2 What type of exercise do you like?

- Team sports. I meet friends and play sport once a week.
- I usually go running with a friend at the ³.....
- I go running alone, never with other people.

3 How do you spend time online?

- I ⁴..... use social media and talk online with my friends.
- I use social media and I sometimes watch videos.
- I read websites about things I like.

4 How ⁵..... do you go to parties?

- ⁶..... weekend. My friends always have parties!
- Rarely. Maybe five or six times a year.
- Never. I don't like parties.

5 Do you get up late at the weekend?

- Yes, always. And I come home late ⁷..... Fridays and Saturdays!
- Usually, but sometimes I get up early.
- No. I always get up early at the weekend. I like the quiet mornings.

6 Do you like meetings?

- Yes, it's good to talk to people I work with.
- ⁸....., but only if they're short.
- I hate them. I like to work alone.

Lesson 2C

HOW TO ... | order a meal in a restaurant

VOCABULARY | restaurant words

PRONUNCIATION | polite intonation

VOCABULARY

restaurant words

1 A Choose the correct word or phrase to complete the sentences.

- I don't want a **starter** / **main course** / **dessert**. I'm not hungry after that meal!
- Can you ask the **waiter** / **bill** / **service charge** for some more water?
- Let's have a **starter** / **main course** / **dessert**. I'd like the soup.
- Give me the **starter** / **side dish** / **bill**. I can pay.
- Let's have a nice **waiter** / **service charge** / **dinner for two** at that new Italian restaurant.
- Wow, that's expensive. Is a **service charge** / **bill** / **waiter** included?

B Complete the menu with the words in the box.

bill desserts dinner for two main courses
service charge starters waiter

SET MENU: 1

2

Soup of the day
Sushi platter

3

Beefburger with chips*
Nut roast

4

Ice cream
Fruit salad

Note: We add a 10% 5

6

*We also have a vegetarian burger – ask your

7 about this.

How to ...

order a meal in a restaurant

2 A 2.05 | Listen to two people in a restaurant. Does the man (M) or the woman (W) order food (1–4)?

- | | |
|--------------|----------------|
| 1 fish | 3 olives |
| 2 lamb | 4 soup |

B 2.05 | Listen again. Complete the sentences with one word in each gap.

- Good evening. Do you have a
- Yes, we have a table two for 8 p.m.
- Can we have a near the window?
- you ready to order?
- the starter, I'd like the olives, please.
- And I'd the lamb for the main course.
- Would you like something drink?
- How is your

PRONUNCIATION

3 A 2.06 | polite intonation | Listen to the requests. Do the requests sound polite (P) or not polite (NP)?

- Can we have some water, please?
- Could I have a salad, please?
- Can I have some chips?
- Could we have a table near the window?
- Can I have the soup, please?
- Could we have the bill at the same time?

B 2.07 | Listen and repeat the polite requests.

SPEAKING

4 A Complete the conversation with the responses (a–e).

- Waiter: Good evening, do you have a reservation?
Customer: 1
- Waiter: Are you ready to order?
Customer: 2
- Waiter: Yes, of course. And for the main course?
Customer: 3
- Waiter: Would you like something to drink?
Customer: 4
- Waiter: Yes, certainly.
Waiter: Would you like to look at the dessert menu?
Customer: 5
- Waiter: Yes, of course.

- Yes. For a starter, can I have the salad, please?
- No thanks. Could we have the bill, please?
- Yes, we have a table for two for half past six.
- I'd like the chicken, please.
- Could I have some sparkling water, please?

B 2.08 | Listen and check.

C 2.09 | You are the customer in the conversation in Ex 4A. Listen and speak after the beep. Record the conversation if you can.

D Listen to the recording and compare it to the model in Ex 4B.



Lesson 2D

GRAMMAR | *like, hate, love + -ing*

READING | a special event

GRAMMAR

like, hate, love + -ing

1 A Choose the correct word or phrase to complete the sentences.

- I hate for clothes.
a go shopping b shop c shopping
- What on holiday?
a do you like do b do you like doing c you like doing
- Getting up early is
a all right b enjoy c like
- I don't like for people.
a wait b waiting c to waiting
- Would you like football?
a to play b play c playing
- I love English.
a studying b study c do studying

B Complete the conversation with the *-ing* form of the words in the box.

do get up meet shop
spend study swim walk

- A: What do you like ¹ at the weekend?
 B: Well, I don't like ² early! I usually do some exercise. I enjoy ³ and I usually go on Sunday, with my family. What about you?
 A: I love ⁴ time with my friends. We like ⁵ for coffee or for lunch on Saturday. I hate ⁶ at the weekend, but I have a big exam soon at university, so I sometimes do that. I also like ⁷ for clothes at the big centre in town. Do you like that?
 B: No, I hate ⁸ around the town centre!

READING

2 A Read the article and answer the questions.

- Where is the race?
- What do people who finish it get?

B Read the article again. Are the statements True (T) or False (F)?

- The race happens in the summer.
- The race is the same as 11 marathons.
- The race is only in one part of the city.
- People in the competition run for six hours a day.
- Anybody can run in the competition.
- The runners eat a lot of food.
- It isn't cold at that time of year.
- All runners who finish the race get a T-shirt.

The 5,000 km race



Some people enjoy running, but these people love it. This 5,000 km race happens every year from June to August. 5,000 km is the same distance as from the East to the West of the USA, plus eleven marathons (a marathon is 42.2 km). But runners in this race run around a single city block (925 metres) in Queens, New York, over and over again!

The race lasts 52 days, and people run from 6 a.m. until midnight, every day. Most people in the competition run about 100 km a day. They only have six hours to wash and sleep each day. They need to visit the doctor before they enter, to check they are strong and healthy.

People give the runners vegetarian food to eat while they run. They need to eat all the time because they use a lot of energy when they do the race.

It's very hot in New York at this time of year and sometimes there is a lot of rain, too. Runners often carry umbrellas while they run!

Not everyone finishes the race, but runners receive a T-shirt if they do. It's not much, but people don't do it for the prize. They do it because it makes them feel good.



GRAMMAR

1 A Put the words in the correct order to make sentences and questions.

- 1 you / Where / live / do ?
- 2 James and / Agatha / Are / friends ?
- 3 understand / don't / I / German .
- 4 your / Do / city / you / like ?
- 5 speak / Do / parents / English / your ?
- 6 from / They / Canada / don't / come .
- 7 live / Who / with / do / you ?
- 8 children / your / What time / up / get / do ?

B Choose the correct words to complete the sentences.

- 1 I **work** / **works** from home.
- 2 **Do** / **Does** your parents live near you?
- 3 Nikki doesn't **like** / **likes** fish.
- 4 When **do you** / **you** do your homework?
- 5 Jack and Lisa **don't** / **doesn't** have a lot of money.
- 6 What **do** / **does** 'politician' mean?
- 7 We **play** / **plays** tennis on Saturdays.
- 8 Where **are** / **do** you from?

2 Add the missing apostrophes to the words in bold.

- 1 Andrea is my **mothers** sister.
- 2 My **cousins** (Jack and Annie) house is near here.
- 3 **Simons** a nice man.
- 4 That's the **childrens** bedroom.
- 5 That's my **parents** car.
- 6 **Georgias** at home at the moment.
- 7 The **films** end was very exciting.
- 8 The teacher checked all the **students** homework.

3 A  The sentences below have a mistake. Choose the best option to correct the mistake.

- 1 I usually have a pasta for lunch.
a pastas b some pasta c an pasta
- 2 We don't have some apples.
a any apples b some apple c an apples
- 3 Can I have any coffee, please?
a some coffee b any coffees c an coffee
- 4 Do you like pear?
a a pear b some pear c pears

B Complete the text with one word in each gap.

There's a lot of food and drink in my fridge at the moment. I've got ¹ lot of eggs – twenty, I think! I also like fruit, so I've got ² apple, ³ melon and ⁴ strawberries. I've also got ⁵ lemonade. I haven't got ⁶ meat because I don't eat it, but we've got ⁷ cheese. I live with my friend and he loves it. We don't like yoghurt, so we haven't got ⁸ of that.

4 Put the words in brackets in the correct place in the sentences.

- 1 I get up late at the weekend. (always)
- 2 Susan works at the weekend. (never)
- 3 I meet my mum for lunch Sunday. (every)
- 4 Mark is late for school. (hardly ever)
- 5 I play tennis with my friend Tuesdays. (on)
- 6 How do you listen to the news? (often)
- 7 My parents go on holiday twice year. (a)
- 8 I'm very tired in the evening. (always)

5 A Complete the sentences with the *-ing* forms of the verbs in the box.

do get play run take write

- 1 I love a break from work.
- 2 My sister loves in the park. She goes every day.
- 3 Do you like tennis?
- 4 I enjoy short stories on my blog.
- 5 What do you like at the weekend?
- 6 I don't like up early in the morning!

B Find and correct six mistakes with verb + *-ing* in the email.

< Inbox



Hi Dae-Jung,

We need to plan the company activity day on 23 March. What does everyone like do? I know that Yana hates go to parties and Marcus doesn't like do sport. I enjoy play games outside, but the weather isn't always good at that time of year.

Maybe we could do something inside? James loves cook, so how about a cooking lesson for the team? I think cook is all right, and Aisha likes it, too. Can you ask the rest of the team? I want us to do something that everyone can enjoy.

Thanks,

Holly



VOCABULARY

6A Complete the jobs with the missing letters.

- 1 wr.....
- 2 nu.....
- 3 sc.....
- 4 do.....
- 5 ac.....
- 6 en.....
- 7 po..... of.....
- 8 la.....

B Match (1-7) to (a-g) to make sentences.

- 1 My uncle is a taxi
- 2 I want to be a hotel
- 3 My sister is a university
- 4 My son wants to be a famous football
- 5 Many people in my village are farm
- 6 Our team's new football
- 7 My mother teaches
- a student and studies law.
- b manager is from Spain.
- c driver. He works at night.
- d player when he finishes school.
- e workers in the summer.
- f manager in a nice, hot country!
- g Italian at a university.

7 Complete the text with the verbs in the box.

check get up go (x2) have play spend work

I'm a nurse and I ¹..... in a hospital at night. I ²..... late in the afternoon, then I go to work. First, I ³..... my emails, then I start work. After work I ⁴..... shopping. I like shopping at night because it's very quiet. When I get home, I'm tired. I ⁵..... to bed very late. At the weekend, I ⁶..... time with my family or ⁷..... in a band. I don't ⁸..... a lot of money, but I love my job.

8 Choose the correct word to complete the sentences.

- 1 I'm Do you want to have dinner?
a hungry b tired c angry
- 2 I'm I feel OK today.
a bored b ill c all right
- 3 I'm sorry about yesterday. Are you with me?
a thirsty b angry c relaxed
- 4 We haven't got any water and I'm
a thirsty b relaxed c hungry
- 5 I'm Do you want to go to the cinema?
a hungry b bored c ill
- 6 I'm and I need to sleep now. Goodnight.
a tired b all right c hungry

9A Complete the conversation with one word in each gap.

Waiter: Here is the menu.
Sam: Thank you very much!
Bea: OK. Let's see what food they have ...
Sam: Mmm, this looks good. Do you want a ¹.....?
Bea: Yes please, I'd like the deep-fried mushrooms.
Sam: Sounds good. Me, too.
Bea: What do you want for a ²..... course?
Sam: A burger, with a green salad as a ³..... dish. And you?
Bea: The chicken. Do you want a ⁴.....? Maybe an ice cream?
Sam: I'm not sure. Can we decide after the main course?
Bea: OK, good idea. Let's order then. Now, where's the ⁵.....?

(One hour later ...)

Sam: What a nice meal.
Bea: Yes, lovely. Excuse me, can we have the ⁶....., please?
Waiter: Yes, of course.
Sam: What's that?
Waiter: It's a chocolate ⁷..... Happy birthday, sir!
Bea: Surprise! Happy Birthday!
Sam: Oh, wow, thanks!

B Complete the sentences with the words in the box.

chicken fish lemonade melon oil potatoes

- 1 I like, but I don't like other types of meat.
- 2 I want something to drink. Have we got any
- 3 I don't like or prawns. I don't like anything from the sea.
- 4 My favourite fruit is
- 5 Let's make chips with these
- 6 This is made from olives.

C Complete the list with the words in the box.

butter lamb lemonade melon mushrooms
pasta peppers prawns sparkling water
strawberries

fruit:

vegetables:

meat or fish:

drinks:

other: