

# 3 My body

1 What do you know?



2 Listen and circle.

3 Listen and say.

4 Listen and chant.

5 Listen and number.

**Quest** 1:45

a


b

c

d

e

f

6  Listen and find. Then sing.

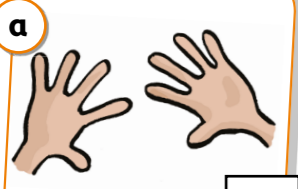
**SONG**

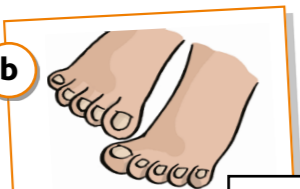


7   Listen and ✓.


**HOME SCHOOL LINK**

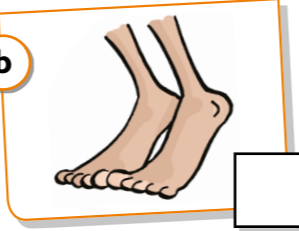
1

a 

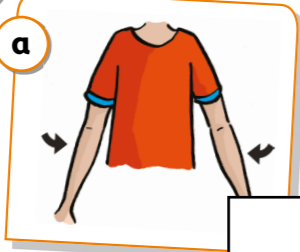
b 


2

a 

b 

3

a 

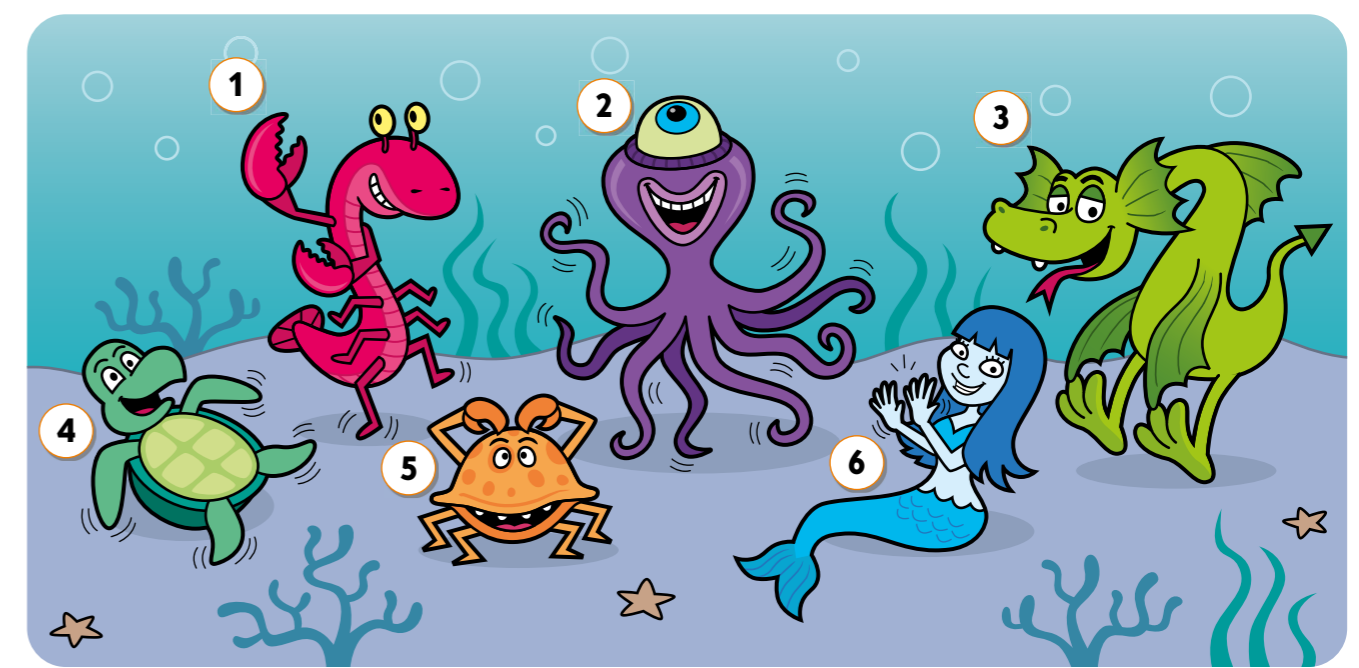
b 

8   Listen. Then play.

**SPEAKING**

I'm purple. I've got eight arms.

Number 2! Wave your arms.



9   Listen and say.

**SOUNDS FUN!**

A big pink fish with three green feet.





Listen to the story. Read.

# STORY

1 Stand on your head!

2 Stand on one leg!

3 Jump! Touch your toes!

4 Move your body!

5 Can you help? It's the bus.

6 Thank you! You're strong!

This is fun!

We can help you.



Act out the story.



Listen and number. Then say.

# PE

jump

dance

hop

# PROJECT

Work in groups. Choose some actions for an exercise routine.

Clap your hands.	Jump.	Stamp your feet.	Wave your arms.
Move your head.	Dance.	Touch your toes.	Shake your body.
Pull.	Push.	Hop.	Jump rope.



Listen. Show the class your exercise routine.

1 2 3 4 5 6

15



Listen and stick. Then write.

I CAN DO IT!

arms body feet hands head toes

1



Touch your \_\_\_\_\_.

2



Move your \_\_\_\_\_.

3



Stamp your \_\_\_\_\_.

stick

4



Wave your \_\_\_\_\_.

5



Shake your \_\_\_\_\_.

6

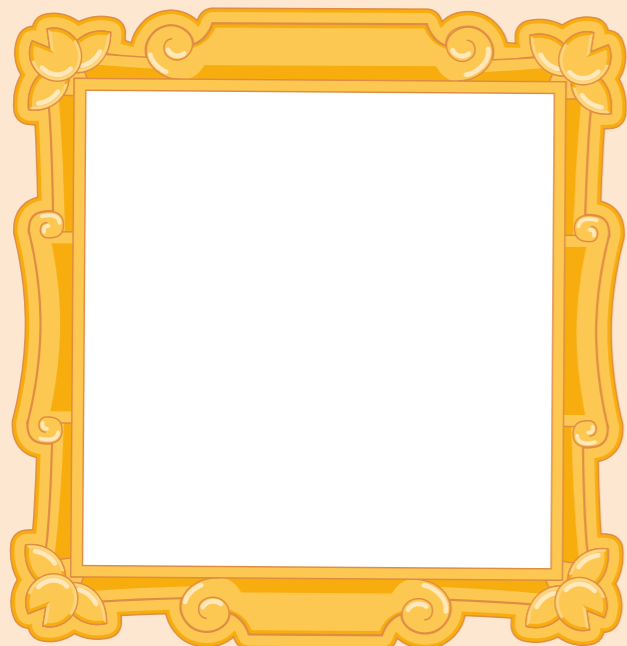


Clap your \_\_\_\_\_.

16



Draw your body. Then say.



I've got two...

I've got ten...

I've got one...

17



Choose and say. Then do.

HAVE FUN

3

wave

touch

clap

move

shake



Touch your toes!



18



Play in pairs. Look and say.

1



I've got six legs. I'm pink.

2



3



You're number 3.

4



5

