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LESSON	GRAMMAR/FUNCTION	VOCABULARY	PRONUNCIATION	
LEAD-IN p6				
1 my life B B C VLOGS Where were you born and where do you live now?				
1A	Something in common p8	Questions	Common verbs; everyday activities	Intonation in questions
1B	Nice job p10	Present simple and continuous	Job phrases; jobs	Linking: <i>are</i>
1C	You can do it! p12	How to ... encourage people	Feelings	Stress in short phrases
1D	I love cooking! p14	Verb + <i>-ing</i> form		
UNIT 1 REVIEW p16				
2 help B B C VLOGS What's your favourite animal?				
2A	To the rescue! p18	Past simple and continuous	Animals	Weak forms: <i>was, were</i>
2B	Oops! p20	Definite article: <i>the</i>	Air travel; at the airport FUTURE SKILLS Self-management	Strong and weak forms: <i>the</i>
2C	How can I help? p22	How to ... make and accept offers	Actions	Intonation in offers
2D	Difficult situations p24	<i>all, some, both, none of them</i>		
UNIT 2 REVIEW p26				
3 learn B B C VLOGS What do you like reading?				
3A	A helping hand p28	<i>have to, don't have to, can't</i>	Knowing, understanding and thinking; school and university subjects	Connected speech: <i>have to</i>
3B	I saw it on TV p30	Subject and object questions	Positive adjectives	Word stress in adjectives
3C	Life hacks p32	How to ... give instructions and check understanding	Location, position and movement	Intonation in short questions
3D	School rules p34	<i>had to, didn't have to, couldn't</i>		
UNIT 3 REVIEW p36				
4 try this B B C VLOGS When was the last time you tried something new?				
4A	I've never ... p38	Present perfect simple (1)	Irregular past participles	Irregular past participles FUTURE SKILLS Self-management
4B	World record p40	Comparatives and superlatives	Travel; travel phrases	Sentence stress
4C	The perfect gift p42	How to ... make suggestions and recommendations	Giving gifts	Intonation to show interest
4D	A taste of the Bayous p44	Verbs of sensation + adjective or <i>like</i>		
UNIT 4 REVIEW p46				

	READING	LISTENING/VIDEO	SPEAKING	WRITING
	Read a blog post about everyday things we all do		Ask questions to learn about other students	
		Listen to a news programme about an unusual job	Talk about your work or studies FUTURE SKILLS Communication	Write an informal email; use paragraphs
			Saying things to make people feel better	MEDIATION SKILLS Relay specific information
		B B C Street Interviews about people's likes and dislikes	Interview people about their likes and dislikes	Write an online profile
		Listen to stories about animal rescues	Talk about rescues	Write an animal story; use past time expressions
	Read an article about travel mistakes		Talk about a problem with transport	
			Roleplay making and accepting offers MEDIATION SKILLS Work together in simple, shared tasks	
		B B C Programme <i>Us</i>	Do a survey	Write a class report
	Read an article about ideas for helping students		Talk about ideas for education around the world FUTURE SKILLS Critical thinking	
		Listen to people talking about things they learnt through TV programmes	Talk about a favourite TV programme or series	Write a quiz; correct mistakes
			Talk about life hacks MEDIATION SKILLS Check the listener understands	
		B B C Street Interviews about school	Have a discussion about school rules	Write an online post
		Listen to people talking about experiences	Talk about your experiences	Write a description of a first-time experience; link ideas
	Read an interview about an amazing journey		Research and compare journeys	
			Choose a gift experience	MEDIATION SKILLS List relevant points from an article
		B B C Programme <i>Nadiya's American Adventure</i>	Give instructions for a dish	Write a recipe

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LESSON	GRAMMAR/FUNCTION	VOCABULARY	PRONUNCIATION
5 things B B C VLOGS Do you collect anything?			
5A Lucky find p48	Possessive pronouns, <i>whose, this/that, there/then</i>	Money and value	Sounds /s/ and /z/
5B The world of 'slow' p50	Quantifiers	Countable and uncountable nouns	Weak forms in quantifiers
5C It's the best! p52	How to ... talk about a product	Common adjectives	Phrasing
5D Can you lend me your ... ? p54	Verbs with two objects		

UNIT 5 REVIEW p56

6 fit and well B B C VLOGS Which do you prefer – playing sport or watching sport?			
6A Sport for all p58	Adverbs of frequency and manner	Sports collocations (<i>play, do, go</i>)	Sentence stress: modifiers with adverbs
6B Stressed! p60	Present perfect simple (2)	Actions; physical actions	Weak and strong forms: <i>have, has</i>
6C How do you feel? p62	How to ... talk about health problems	Health and illness; the body and symptoms	Connected speech: final <i>-t</i> and <i>-d</i>
6D 6D Driven: The Billy Monger Story p64	<i>be + adjective + to</i> infinitive		

UNIT 6 REVIEW p66

7 downtime B B C VLOGS What did you do last weekend?			
7A Where shall we go? p68	Present continuous with future reference; other future forms	Going out and staying in	Linking /j/, /w/, and /r/
7B Takeaway p70	Indefinite pronouns: <i>someone, nothing, anywhere</i> , etc.	Eating out and eating in; containers	Sentence stress with indefinite pronouns
7C At the exhibition p72	How to ... ask for and give permission	Permission	Polite intonation when asking permission
7D 7D Nice picture! p74	Adverbial and prepositional phrases		

UNIT 7 REVIEW p76

8 tomorrow B B C VLOGS What kind of things do you use your phone for?			
8A Blue-sky thinking p78	<i>will</i> for predictions	Change	Contractions: <i>'ll</i> and <i>won't</i>
8B Hopes and dreams p80	First conditional	Attitudes	Linking in conditionals
8C Go green p82	How to ... check information	The environment	Intonation in question tags
8D Tomorrow's Food p84	Word building: nouns to adjectives		

UNIT 8 REVIEW p86

	READING	LISTENING/VIDEO	SPEAKING	WRITING
	Read an article about a man who found something valuable in a shop		Order pictures and tell a story	Write a description of a past event; use pronouns and adverbs to avoid repetition
		Listen to a podcast about the 'Slow' movement	Talk about different 'slow' movements	
			Talk about a product FUTURE SKILLS Teamwork	MEDIATION SKILLS Share specific, relevant information from a short text
		B B C Street Interviews about borrowing and lending things	Have a discussion about personal possessions	Write an advice post
	Read and do a quiz about sports		Talk about statements relating to sport	
		Listen to extracts relating to a stressful situation	Have conversations about stressful situations	Write an informal email giving news
			Roleplay a visit to the doctor FUTURE SKILLS Self-management MEDIATION SKILLS Pick out and reproduce key words and phrases from a text	
		B B C Programme <i>Driven: The Billy Monger Story</i>	Talk about a challenge	Write about a challenge
		Listen to conversations about arrangements	Plan what to do at the weekend FUTURE SKILLS Communication	Write an email making arrangements
	Read an article about takeaway around the world		Create a class survey	
			Roleplay asking for and giving permission	MEDIATION SKILLS Report the main points of a radio news item
		B B C Street Interviews about taking photos	Talk about a photo	Describe a favourite picture
	Read an article about positive uses of drones		Talk about predictions	
		Listen to conversations about personal decisions	Have conversations about decisions FUTURE SKILLS Teamwork	Write an advice post
			Check information MEDIATION SKILLS Interpret and describe a visual on a familiar topic	
		B B C Programme <i>Tomorrow's Food</i>	Have a discussion about food in the future	Give an opinion